



Do not be afraid

As we go into the New Year - 2020, let's cast all our cares/worries/anxieties upon the Lord because He cares for us. Below are some verses we can meditate on when we find ourselves distressed, worried or anxious about anything:

Psalm 56:3 – "What time I am afraid, I will trust in thee."

The best thing to do when we worry and are bowed down with care is to pray like, David

Did in:

Psalm 102:1 – "Hear my prayer, O Lord and let my cry come unto thee."

- i. Pray about the very thing that is causing you worry and ask God to hear your prayer.
- ii. Trust God to do the very thing you asked of Him. (Of course not praying that something bad will happen to someone. That is for God to take care of your enemies. He is the Judge of even two believers who come to Him complaining about each other.)

But if we come to Him in the like attitude, of the Centurion when he came to Jesus to ask Him for help to heal his servant, he said, "Lord, I do not deserve to have you come under my roof. But just say the word, and my servant will be healed." Matthew 8:5-8.

The Centurion knew what it meant to have authority to speak to get things done. He believed that Jesus had authority and that Jesus could speak and things could happen. Do you know that Jesus has authority over your situation? The Centurion believed that Jesus could speak a word and that, his servant would be healed. He believed in the authority and power of Jesus to heal his servant, so he asked Him to just say the word, and his servant would be healed.

In Matthew 8:13, the Bible says, "Go! Let it be done just as you believed it would." And the servant was healed at that moment.

- iii. "Believest thou this?" John 11:26 – KJV.

If you have any concerns or joys, **pray to God, believe on Him, trust Him and praise Him.**